



COMPLEX STOP STRESS

WHY IS STRESS DANGEROUS?



Stress is the organism's response to tension, negative emotions or excitement. During periods of severe or prolonged stress, the immune, endocrine, autonomic nervous systems suffer. Stressful situations are the cause of many physical and mental illnesses. The danger of stress is that its effects can accumulate gradually.



With severe or prolonged stress:
The concentration of attention worsens, migraines appear;
Problems with the cardiovascular system arise;
Peptic ulcer and gastritis worsen;
Immunity decreases
In especially severe cases, degeneration of the cells of the spinal cord and brain occurs.



It is hard to work under stress and engage in habitual activities. Irritability, insomnia, and neurosis appear. Physical stamina is reduced. It becomes difficult to concentrate on the usual things – whether it is at work or at home. Relations with loved ones also suffer. An addiction to alcohol and/or drugs may appear.



Severe stressful situations require serious treatment – from psychotherapy sessions to taking medications that can be addictive. The way out of severe stress can last several years. It is much more effective to notice the first signs of stress in time or to prevent stressful situations.



DeVita AP – the action is based on the phenomenon of resonance, in particular, the studies of the scientist and physician Royal Raymond Rife. Rife discovered that each microorganism has an individual vibration frequency, an increase in the amplitude of which leads to the death of the microorganism without harming other cells.

Stress reduces the body's defenses, which is a favorable factor for infestation with parasites. They negatively affect the nervous system, causing fatigue, irritability and impair sleep quality. DeVita AP basic antiparasitic programs work against most known pathogens, quickly, efficiently and without side effects, removing the parasitic load.

“Cleansing” program is used to cleanse the body after using basic antiparasitic programs, removing toxins and improving overall well-being.



DeVita Ritm – In this device, the development of scientists R. Voll and A. F. Kramer is embodied, which found that each organ has a healthy frequency of oscillations. DeVita Ritm gently affects the body, by giving it the frequency of vibrations of healthy organs. As a result, the body works on self-healing.

The “Healthy Day” and «Health» automatic programs increase immunity and harmonize the work of all body systems. Help with acclimatization and stressful situations. The automatic “Complete Cleansing» helps in the restoration of the excretory system and in the harmonization of the body.

Special programs “Healthy sleep”, “Good mood” and «Balanced nervous system» restore the nervous system, relieve nervous tension, improve the process of falling asleep and the quality of sleep.



DeVita Energy relieves stress and chronic fatigue. Restores biorhythms. Launches the functions of regulating the body, helping a person to be in good shape, maintain vigor and good mood throughout the day.

DIRECTIONS FOR USE



NUTRITIONAL RECOMMENDATIONS FOR USING DEVITA

Do not drink carbonated alcoholic and non-alcoholic drinks - they reduce the impact of the devices. Remove or minimize coffee in your diet. Avoid eating “junk food” (chips, crackers, etc.) - this can cause digestive problems. Drink clean drinking water, at least 1-1.5 L / day to remove toxins from the body.



USE DEVITA DEVICES IN THE FOLLOWING SITUATIONS:

- in case of problems with sleep - insomnia, worsening sleep quality;
- when you feel tired in the morning, lethargy and weakness during the day;
- with nervous strain, severe excitement, frequent manifestations of irritability, apathy.



COMBINE THE DEVICES WITH DELIXIR SMART CELL NUTRITION

For best results, it is recommended to use the DeVita devices in conjunction with the DeLixir MULTI-ENERGY and DeLixir DETOX smart cell nutrition supplements.

| SCHEME №1 DURING 1 st MONTH | DEVICE | PROGRAM | | USAGE | |
|---|--------|---------------|----------------------|---|--|
| | 1 | DeVita Energy | Energy or Energy Pro | | Once in the morning. |
| | 2 | DeVita Ritm | Auto-programs | Healthy Day-automatic, Health-automatic | Daily in the morning, alternating with each other every other day. |
| | | | Special programs | Good mood, Balanced nervous system, Healthy sleep | If necessary, 2-3 hours before bedtime. |
| | 4 | DeVita AP | Auto-programs | Mode 1 automatic | Daily at night during the 1 st week. |
| | | | | Mode 2 automatic | Daily at night during the 2 nd week. |
| | | | | Mode 3 automatic | Daily at night during the 3 rd week. |
| | | | | Mode 4 automatic | Daily at night during the 4 th week. |

| SCHEME №2 DURING 2 nd MONTH | DEVICE | PROGRAM | | USAGE | |
|---|-----------|---------------|----------------------|---|--|
| | 1 | DeVita Energy | Energy or Energy Pro | | Once in the morning. |
| | 2 | DeVita Ritm | Auto-programs | Healthy Day-automatic, Health-automatic | Daily in the morning, alternating with each other every other day. |
| | | | Special programs | Good mood, Balanced nervous system, Healthy sleep | If necessary, 2-3 hours before bedtime. |
| 4 | DeVita AP | Auto-programs | Cleansing-automatic | Daily at night. | |

| SCHEME №3 DURING 3 rd MONTH | DEVICE | PROGRAM | | USAGE | |
|---|-----------|---------------|----------------------|------------------------------|----------------------|
| | 1 | DeVita Energy | Energy or Energy Pro | | Once in the morning. |
| | 2 | DeVita Ritm | Auto-programs | Complete Cleansing-automatic | Daily from 8 a.m. |
| 3 | DeVita AP | Auto-programs | Mode 1-4 automatic | If needed for the night. | |

| SCHEME №4 DURING 4 th MONTH | DEVICE | PROGRAM | | USAGE | |
|---|-----------|------------------|--|---|--|
| | 1 | DeVita Energy | Energy or Energy Pro | | Once in the morning. |
| | 2 | DeVita Ritm | Auto-programs | Healthy Day-automatic, Health-automatic | Daily in the morning, alternating with each other every other day. |
| | | | Special programs | Good mood, Balanced nervous system, Healthy sleep | If necessary, 2-3 hours before bedtime. |
| 4 | DeVita AP | Special programs | No nematodes and ascarides, No parasites - Automatic | At night, alternating every other day for 2 weeks | |

STRESS PREVENTION MEASURES



Do not suppress spontaneous emotions. Suppressed anger or anxiety leads to stress.



Eat right. Add oranges and bananas, oatmeal, sea fish, herbal tea, avocado, nuts, fresh vegetables, dark chocolate to your diet.



Go to bed no later than 23:00 p.m. Sleep for at least 7-8 hours.



Do meditation or special breathing exercises.



Reduce your coffee, tea, and other caffeinated drinks.



Exercise. Exercising causes the production of endorphins - hormones of good mood, and also the adrenaline levels get higher.



Non-stressful monotonous work or creativity helps with stress - knitting, coloring pictures, etc.



You will get the most effective results by combining the preventive measures with the use of DeVita technologies and DeLixir smart cell nutrition supplements.

Before
use



Aggressiveness,
fatigue, apathy,
insomnia.

After first use
of DeVita



Tranquility,
mood improvement,
burst of energy.

After a month of
using DeVita



Positive mood,
energy,
poise.



Use the recovery scheme of the complex "STOP STRESS" together with the DeLixir MULTI-ENERGY and DeLixir pH BALANCE smart cell nutrition supplements, and your results will be noticeable much faster.