



ESSENTIAL TIPS & RECOMMENDATIONS FOR USING DEVITA MINI DEVICES: ENERGY 8, AP or RITM

Whilst using the Devita Mini RITM, Mini AP or Mini Energy devices, there are a few important points to follow, to ensure the best and most effective health-optimising experience:

1. The back of the device emits 15 cm of frequency (only 7cm from the front) and so please ensure that the BACK of the device is placed facing your body, against your skin or in a pocket.
2. Please keep your device in a protective case. It is vital that it is not dropped or gotten wet! For extra safety, loop the string on the case around a belt or belt loop or bra strap etc before inserting into a pocket. (This way it cannot fall or swing and hit anything!).
3. If device and bead strap are loose in a pocket, ensure that the bead cannot touch the screen by sliding the bead all the way down to sit on top of the device. If the bead or anything else (keys etc) pushes against the screen, the screen can easily be damaged and no longer function!
4. It is essential that you drink at least 1.5- 2 litres of water each day (ideally clean, filtered water). If possible, hydrogenate 3-4 glasses of water daily using the DeAqua hydrogen bottle to enable optimal cleansing and reenergising! (Water is the means whereby toxins are flushed from your body, so drinking sufficient water is essential for your cleansing process to take place).
5. You may wish to also further support the detox process with the use of herbs, enemas, colonics, psyllium husks, skin brushing etc
6. Please avoid junk food, alcohol and sugar as far as possible and minimise coffee intake...This will aid the detoxing and regenerating process.
7. It is usual practice to use the mini RITM device during the day, and the Mini AP device during the night. The work of the AP device is to detox, and eliminating pathogens happens more easily when your body is resting, hence using at night – unless otherwise advised.

8. To use a device at night, unless you have a case that can be strapped to your wrist / ankle (e.g., a phone case for jogging etc), the simplest mode of operation is to place a short length of tubi-grip bandage onto your arm, wrist or ankle and insert the device under it with the back facing you. Please ensure that you fold under the bottom edge of the tubi-grip so that the device cannot drop out if you stand up! Alternatively, you could use a long, elasticated sock.
9. Please charge the device regularly, using a USB port on a computer, or a USB plug with output 5V, 1A (device could be damaged if output is higher!!). Once the 3 white bars have become red, then it's time to charge it up. Turn device on and once the 3 white bars are moving to charge up, then switch the device off to charge. After approx 3 hours, it will be charged. To check that it is fully charged, turn on to check that the 3 white bars are 'full'. If so, eject and use. If not, leave for a while longer.
10. Changing your physiology using bioresonance devices takes time, so please use your programs each day for a few months, before coming for a re-scan and the next, updated programs. Changes take place gradually layer by layer – 'onion style' so please be patient and enjoy a gradual rebuilding of your health.
11. For a downloadable copy of the 'Complex Catalogue' - manual about how to self-treat, please visit the downloads page at www.BioresonanceGB.com
12. Would you like to be added to Delia's Deta Elis WhatsApp group? If so, WhatsApp Delia on 07726 337304

Questions and further information:

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